Several studies have reported how spectators and fans, or with other cycling lovers like us: The bicycle is a flexible and adaptable mean, it goes slow or fast, fast pace or reducing speed, in the traffic on city streets or in the silence of mountain dirt roads. On roads lined with participating in true racing competitions. The formula is easy, take the bike and pedal. Alone or with others, keeping a collaborating with Italian companies and craftsmen in order to offer its clients a high tech and design product. Selle SMP in the wake of this great tradition, since 1947 Selle SMP has been creating 100% Made in Italy products, exclusively.

Easily getting around the city, taking a relaxing ride in the country. Facing rough, off-road trails immersed in nature, or

Quality enable us to produce and offer clients a vast range of seats for all types of use. Products we are proud of.

The rigorous selection of high-quality components and materials and the processing guided by criteria such as total awareness about. In this article we would like to discuss them and offer you some efficacious solutions.

In particular in certain areas, more than we think and can cause consequences we need to have more information and knowledge about. For these reasons Selle SMP recommends more padded saddles for off-road cycling (ex. BMX, cross-country, free ride, downhill, all mountain, etc.) and for all those specialties that involve jumps and stunts (street, urban, trial, etc.). In reality, according to our experts, using a SMP seat can avoid or reduce the violence on the perineum and prostrate. Cyclists with prostrate tumors and those with abnormal serum PSA values (especially if over 50 years old) can benefit from using a wider and more padded SMP seat.

The following analyzes them one by one, with possible causes.

- **PRIAPISM**
  - Prolonged and intense exercise causes an increase in scrotal temperature, which

- **TESTIS CANCER**
  - Many researchers have found a significant increase in risk of testicular seminoma in cyclists (probably connected to repeated

- **HEMATURIA**
  - The correlation between this disorder and cycling is still controversial and a subject of debate; the cause of

- **TORNS OF SPERMATIC CORD**
  - The most characteristic perineal nodular lesion from cycling is the “biker’s nodule” or “third testicle”. This nodule is usually characterized by an

- **ANORGASMIA**
  - The photos. Except for the clinical position of supply on the rear, the area in the middle of the pelvic floor, the clinical position on the mid

- **ULCERATIONS AND LYMPHEDEMA OF THE VULVA**
  - The scene depends on the shape of the test, and in the normal sitting position of the pelvis and

- **PORTAL HYPERTENSION**
  - The resting surface is therefore a few square centimeters in which there are bones, muscles, tendons and cartilage. During a normal

- **FURTHER CLINICAL SYMPTOMS**
  - This table is only a guide and can’t represent the percentage seat on the perineum and prostrate. Cyclists with prostrate tumors and those with abnormal serum PSA values (especially if over 50 years old) can benefit from using a wider and more padded SMP seat.

- **PTOsis OF THE LATERAL MUSCLE**
  - The table gives an example between 0% and 3% for the lower portion, where in actual practice the percentage is between 20% and 30%.

- **FURTHER DATA**
  - From the anatomical point of view, the nerve and vascular structures compressed by the seat during cycling are the same in men and

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CLOTHING

Your physiological needs can finally be conveniently satisfied without all the stress due to undressing. The central channel of the Smp4bike bike range has enabled putting an innovative pair of shorts with a zipper in the lower part.

The zipper does not rub against the seat and does not press on intimate body parts: you do not even realize it is there until you need it …

Fabric: Performer

It is a stretch, breathable, resistant fabric that is easy to maintain and very comfortable. These characteristics give cyclists the right protection, comfort and wellness.

Bottom: SmpTech

The fruit of combining various materials, SmpTech is the new seamless bottom. This lets the cyclist diversify and better distribute his or her weight on the seat. The central part of the bottom is divided into two parts, with higher density padding. The latter, joined and then perforated, increases breathability and the passage of heat toward the outside.

Comfortable even after many washings, its performance remains unaltered.

Leather Protector

The Leather Protector cleaning wipe is the natural ally of leather seats. Leather Protector improves resistance to friction and protects leather by forming an invisible breathable barrier that makes it resistant to water, oil or alcohol stains.

The surface becomes easier to clean, therefore increasing seat duration.

It is easy to use: after cleaning the seat, just rub it with Leather Protector.

Then the leather can be polished with a dry cloth.

It is suitable for all leathers, except nabuck and suedes. Leather Protector is part of the smp4bike range.

Your body!